

♥ February Needs List ♥

Kitchen

Coffee	Tomato Paste
Instant Oatmeal (Quickoats)	Pasta Sauce
Pancake Mix (Add Water Only Preferably)	Disposable Hot/Cold Cups
Cooking Oils	Heavy Duty Potato Peelers (2-3)
Taco Seasoning	Disposable Bowls
Cumin	Salad Dressings

Clinic

Probiotics	Hydrocortisone Cream
Aleve	Imodium AD
Ibuprofen	Alka Seltzer Cold
Excedrin Migraine	Cough Drops
Melatonin	Cough Syrup
Nicotine Gum	Halls Breezers
Muscle Rub	Nicotine Patches
Benadryl Gel	B12

Program

Washcloths
Hand Towels
Disposable Men's Shaving Razors
Adult Underwear (Women's & Men's - Sizes S-3X)
Steel-Toed Work Boots
[Men's Sizes 9-12 (except 10.5) including half sizes]
[Women's Sizes 7-12 including half sizes]
Women's Pants and Tops (XXL and XXXL, Sizes 16, 18, 20 and above)



rockford rescue mission
rescue + recover + restore

Items on this list can be dropped off on weekdays between 8am-4:30pm at our 715 W. State Street location. Thank you!



OTHER WAYS TO GIVE

Did you know Rockford Rescue Mission receives no government or United Way funding? We are supported by caring individuals like you. Partner with us to move people from homelessness and despair toward personal and spiritual wholeness. For more information on how to give and a more comprehensive list, visit <http://www.rockfordrescuemission.org/give-help>.

VOLUNTEER: We're in need of volunteer drivers, artists, office assistants, teachers, Thrift Store assistants and so much more! Contact **Wyatt Shanks** for more information: volunteer@rockfordrescuemission.org or **815-965-5332**, or fill out an online application: <http://rockfordrescuemission.org/volunteer-application>.